National Jewish Fellowship Yeshiva

Messianic Career Foundation

Professor: Rabbi Michael Calise

COURSE: ***Shabbat***

**Course Description**:

The biblical origins and historical practices associated with Yom Shabbat will be rehearsed. Post-biblical period, pre-modern, and contemporary Jewish practices will be reviewed. The richness of modern Jewish home and synagogue Shabbat celebrations will be highlighted as enjoyed in both the USA and Israel.

Supplementary to this course is a brief introduction to the Hebrew calendar as presently utilized in the religious Jewish world.

**1A. *The Hebrew Religious Calendar***

***1B. Rosh Chodesh***

Head of the month; New Moon

***2B. The Months of the Year***

***The Months of the Hebrew Religious Calendar:***

1. Nisan 30 days March-April

2. Iyar 29 days April-May

3. Sivan 30 days May-June

4. Tammuz 29 days June-July

5. Av 30 days July-August

6. Elul 29 days August-September

7. Tishri 30 days September-October

8. Cheshvan 29 or 30 days October-November

9. Kislev 30 or 29 days November-December

10. Tevet 29 days December-January

11. Shevat 30 days January-February

12. Adar 29 days February-March

12. Adar Alef 30 days February-March (leap years only)

13. Adar Bet 29 days February-March (leap years only)

***3B. The Chief Dates on the Hebrew Religious Calendar:***

1. **The Shabbat**

**2. The Three Pilgrim Festivals are:**

(a) Pesach (Passover) 15th of Nisan

(b) Shavuot (Pentecost) 6th of Sivan

(c) Sukkot (Tabernacles) 15th of Tishri

**3. The Chagim (High Holy Days) are:**

(a) Rosh ha-Shanah (New Year) 1st of Tishri

(b) Yom Kippur (Day of Atonement) 10th of Tishrei

**4. Minor Feasts include:**

(a) Hanukkah (Dedication) 25th of Kislev

(b) Purim (Lots) 14th of Adar

**5. Fast Days include:**

(a) Fast of Gedaliah 3rd of Tishri

(b) Asarah B’Tevet 10th of Tevet

(c) Fast of Esther 13th Adar

(d) Shiva Asar B’Tammuz 17th of Tammuz

(e) Tishah B’Av 9th of Av

**6. Other Notable Dates**

(a) Sh’mini Atzeret 22nd of Tishri

(b) Simchat Torah 23rd of Tishri

(c) Tu B’Shvat 15th of Shevat

(d) Yom haShoah 27th of Nisan

(e) Yom HaAtzmaut 5th of Iyar

(f) Yom HaZicharon 4th of Iyar

(g) Yom Yerushalayim 28th of Iyar

**2A. *Yom Shabbat* (Sabbath)**

**1B. Biblical Origins and Practices of Shabbat (Gen 1-2)**

1C. Shabbat in the pre-Mosaic Covenant

2C. God Himself Instituted and Observed Shabbat

3C. One of the Ten Commandments. (Ex 20:8-11)

4C. Shabbat as a Sign of the Covenant

(Ex 31:12-17; Deut 5:13-15)

5C. Shabbat Neglect Protested in the Hebrew Bible

(Ex 31:14-15; Num 15:32-36; Ezek 22:8,15-16; Jer 17:21-24)

Shabbat in Exile. Neh 13:15-17

6C. Prophetic Anticipation of Shabbat in the Kingdom

(Is 66:23; Heb 4:9)

7C.. Shabbat events and teachings in the New Covenant

1D. Yeshua’s own practice and customs (Luke 13:10-17)

2D. Early Jewish Believers’ observance of Shabbat.

8C. Other Examples of Regulations for Shabbat in the Tanakh

**2B. Rabbinic Guidelines for Shabbat**

1C. The effect of the Temple’s destruction upon Shabbat practices

2C. Rabbinical Admonitions, Rulings, Customs and Practices

**3B. Shabbat in Synagogue Worship**

1C. Reading of the Scripture

2C. Singing of the Psalms

3C. Group Prayer

4C. Prayers of Confession and Repentance

**4B. Prayers**

1C. Amidah

2C. Shema and Benedictions

3C. Tefillah—personal and national supplications

4C. Berakhah (Bracha) as opening for prayers.

**5B. General Customs**

1C. Erev Shabbat Service

1D. Psalms 95-99, and 29

2D. Lecha Dodi

3D. Creation Theme

4D. Reciting the Shema

5D. Amidah

6D. Alenu and Mourners’ Kaddish

7D. Aaronic blessing

2C. Shabbat Morning Service

1D. Shema

2D. Tefillah

3D. Torah reading

4D. Haftarah reading

3C. Shabbat Afternoon Service

1D. Ps 145 and prayer, “A Redeemer will come to Zion”

2D. Reading first section of weekly Torah portion.

3D. Tefillah

4D. 3 verses from the Psalms: ***Tzidkatkha***

5D. Chapter of ***Pirke Avot*** (Sayings of the Fathers)

4C. Saturday Evening Service

1D. Havdalah prayer

2D. Prayers for those in need of comfort and hope.

3D. Psalm 91

**6B: Shabbat in the Jewish Home**

1C. Traditional Festive Shabbat Meals

2C. Prayers and Psalms

3C. A Climate of Restfulness

4C. Shabbat in Modern Israel and Among Messianic Jews

1D. Readings from the Torah, Haftarah, and Brit Chadasha

2D. Messianic praise and worship

3D. Group Prayer: Liturgical and Spirit-filled

4D. A member’s ***D’rash*** (exposition of Torah portion)

5D. Blessing of the children

6D. ***D’var Torah*** (Shabbat message by Leader)

7D. ***Oneg Shabbat***—“Delighting in the Shabbat”

5C. In Messianic Homes

1D. Lighting of the Shabbat candles

2D. Father blesses the children

3D. Washing of the hands

4D. Father can bring a brief teaching

5D. Games or fun family stories can be enjoyed

**7B. Conformity to New Covenant Standards**

**(Matthew 11:28-30; Heb 4:9-11)**